



**DESIGNED FOR**

Training for competitive level weightlifting

**CERTIFIED**

Certified by the IWF for training

**CONVENIENTLY COLLECTED**

Set packages training bar, plates and collars for convenience

# TRAINING PERFECTION

## YOUR TRAINING NEEDS IN ONE CONVENIENT PACKAGE

With Eleiko's IWF Weightlifting Training Set, NxG, you get the quality and performance of the competition set without the added expense of the exact calibration required for competition. The set includes the IWF Weightlifting Training Bar, 15 kg along with a set of Eleiko Weightlifting Training Plates. The plate sets include two each of the 25, 20, 15 and 10 kg plates along with a set of the rubber coated Eleiko Weightlifting Training Change Plates ranging from 0.5 kg to 5 kg and a set of the Eleiko Weightlifting Training Collars.

**SET CONSISTS OF:** 1 x Eleiko IWF Weightlifting Training Bar - 15 kg, women / 2 x Eleiko IWF Weightlifting Training Plate - 10 kg / 2 x Eleiko IWF Weightlifting Training Plate - 15 kg / 2 x Eleiko IWF Weightlifting Training Plate - 20 kg / 2 x Eleiko IWF Weightlifting Training Plate - 25 kg / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 0.5 kg RC / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 1 kg RC / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 1.5 kg RC / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 2 kg RC / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 2.5 kg RC / 2 x Eleiko IWF Weightlifting Comp./Training Plate - 5 kg RC / 1 x Eleiko IWF Weightlifting Training Collars - pair

**ARTICLE CODE**

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**WEIGHT**

185 kg / 407.86 lbs