



DESIGNED FOR

Performing a variety of pushing and pulling exercises

QUALITY CONSTRUCTION

Strong sturdy steel tubing and durable powder coat finish

CLIP ATTACHMENT

Easily attach a rope or straps to the front of the sled for exercise variety

A robust, responsive sled that weights 19 kg. It can be pushed or pulled, used with weight discs for increased resistance, equipped with a snap hook attachment, and you can even pull it with a rope from the front of the sled. The handle can be disassembled. While designed primarily for indoor use, it can be used outdoors. Plastic skis (item no. 3060343) provide protection to the sled and floor and can be ordered separately. Most effective when used on floor surfaces with little or no friction, such as turf, asphalt (with plastic skis), and scratch-resistant flooring. High friction flooring, made from rubber, for example, should be avoided.

ARTICLE CODE

3002077-01

LENGTH

560 mm / 22.05 in.

WIDTH

400 mm / 15.75 in.

HEIGHT

530 mm / 20.87 in.

WEIGHT

19 kg / 41.89 lbs

WARRANTY

2 years*

COLOUR

Black

* Normal wear and tear does not fall under warranty.